ALCOHOL AND DRUG SUPPLEMENTAL INFORMATION

BASIC TERMINOLOGY

What are the differences between substance use, substance misuse, and substance abuse?

Use - Use is ingestion without experiencing negative consequences. Example- So if somebody is just using a substance, they are not experiencing any negative consequences.

Substance misuse - Individual is experiencing negative consequences because of use.

Substance abuse - Continued use despite continued negative consequences so those who are abusing a

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HOW TO REPORT A TITLE IX CONCERN

- In-person Cook Library Room 129 or Hardy Hall Room 332 on the Gulf Park Campus.
- Phone By phone in Hattiesburg at 601-266-6804 or / on the coast at 228-214-3363
- Email titleix@usm.edu
- From our website click on the Report An Incident button
- Using Ethics Point to report anonymously online or by phone at 877-310-0425
- Reports can also be submitted through the iSouthern Miss App

CONCERNED ABOUT INDIVIDUALS

Submit a report via the CARES systen.

HEALTH RESOURCES FROM THE MOFFITT CENTER

Alcohol and Drug Resources
Healthy Relationships & Bystander Intervention

<u>Health Resources Web Page</u> <u>Student Health Comprehensive Guide</u>

Community Resources

- Clearview Recovery Center 4800 -845-8919
- 1-59 Area of Narcotics Anonymous 1-800-627-3543
- Mississippi Assembly of Alcoholics Anonymous 601-544-5666
- Pine Grove Behavioral Health and Addiction Services 1888-574-4673

National Resources

- National Institute on Alcohol Abuse and Alcoholism (NIAAA) 301-443 -3860 or www.niaaa.nih.gov
- National Institute of Mental Health (NIMH) 301- 443-4513 or nimh.nih.gov
- Substance Abuse and Mental Health Services Administration National Helpline 1-800-662-HELP (4357)

Mutual Support Groups

- Alcoholics Anonymous (AA) 212-870-3400 or www.aa.org
- Moderation Management- 212-871-0974 or <u>www.moderationl.org</u>
- Narcotics Anonymous- 818-773-9999 or www.na.org